

Aberdeenshire Alcohol and Drug Services

Aberdeenshire Alcohol and Drugs Services are a partnership of organisations whose collective aim is to support journeys to recovery from problematic alcohol and drug use. Aberdeenshire Alcohol and Drug Partnership welcomes you into our services which will work together to help you as you progress in your recovery. This journey could include finding the right help and support, stopping or reducing your use of alcohol or drugs, developing a lifestyle in recovery and achieving employability goals (e.g. work, education, volunteering or interesting activity).

Our Core Providers are:

- Aberdeen Foyer
- Aberdeenshire Council Community Substance Misuse Service
- Alcohol and Drug Action
- CAIR Scotland Community Recovery Service
- NHS Grampian Substance Misuse Service,
- Turning Point Scotland

Following an initial screening, you will be referred to the agency that best suits your needs. You should be seen within 3 weeks. If this is not possible, someone should contact you to explain why and discuss when you will be seen. Should you stop engaging with the services, a worker will contact you to explore whether there is anything else that you need to be provided.

You can involve others in your recovery. This could be a family member or a friend. If you decide further on in your recovery that someone's help would be useful you can bring them.

Your family members may also require help to deal with their own needs relating to your recovery. All agencies that you see will be able to arrange this.

You will be offered a copy of your recovery plan which you can leave with your worker if you prefer. You can ask for a copy of this at any time.

As you progress through the stages of your recovery, information will be passed with you. Only enough information to keep you safe, provide you with quality care and to monitor the service that you get will be transferred. Information not connected with your treatment or support will not be shared. By law, within the Aberdeenshire Alcohol and Drug Services all information regarding you is always protected and kept confidential. You have the right to ask that this information is not passed on but this might affect the ability of the service to meet your needs.

Each of the Aberdeenshire Alcohol and Drug Services has a complaints procedure, this should be explained to you and you should know how it works. You can refuse any support offered or request changes by discussing this with your worker.

We wish you well in your experience of Aberdeenshire Alcohol and Drug Services.